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WHAT CAN THE ROYAL COUPLE EXPECT NOW THAT THEY'RE EXPECTING? A LOT OF ADVICE FROM COMPLETE STRANGERS, FOR ONE THING PAGE 21

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Monday, December 10, 2012
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WELCOME ABOARD!

Mayor Naheed Nenshi invites commuters to step aboard the new West LRT line. Full-fare service on the line begins this morning. More coverage, page 3. CANDICE WARD/FOR METRO

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Transit. Driving for the city for 48 years

Since the day the C-Train hit the rails in Calgary, George Dorn has been there to get you to where you need to go.

As the city's longest-serving employee, at 48 years, Dorn had the great honor of taking the inaugural trip down the brand new West LRT line on Saturday.

"I transferred from buses over to the C-Train on May 25, 1981, and I have been out here ever since," said Dorn.

"I enjoy it more and more every day."

Over the years, Dorn has seen Calgary open up to the community through a number of Calgary Transit projects.

For each expansion leg of the LRT throughout Calgary's history, Dorn was there, manning the controls.

For the first trip down the West LRT line, Dorn handed over the controls to Mayor Naheed Nenshi to bring the

George Dorn METRO

train to rest at the final new stop on the route, the 69th Street Station.

Dorn said the first time he met the mayor, three years ago at his 45th anniversary at Heritage Park, he was told he would be making the first trip on the then-future West LRT.

"I told him he was not allowed to retire because he would be driving the first train on the West LRT," said Nenshi.

Although Dorn says his family would like to see him retire in the near future, he has no plans to hang up his conductor hat just yet.

CANDICE WARD/METRO

The city's new West LRT line, which opened during a celebration Saturday, opens for fare service today. CANDICE WARD/FOR METRO

West LRT plan 3 decades in making

Cost: $1.4 billion. City council first requested 'comprehensive review' of a West LRT line on June 26, 1979

ROBSON FLETCHER
robson.fletcher@metronews.ca

When tens of thousands of Calgarians board the West LRT on Monday, it will have been a long time coming.

Plans for expanding light-rail service to Calgary's western communities date back three decades, with the first major report on the idea being presented to city council in 1983.

Transit manager Neil McKendrick remembers that report — and it's $209-million cost estimate — quite well.

"It was something really silly," he said of that initial price tag. "We were a lot smarter when we did the update (in 2006)."

Even in 2012 figures, the 1983 estimate only translates to $432 million — far short of the project's actual $1.4-billion price tag.

Ald. Dale Hodges said time will tell if the project ends up being a good investment for Calgary, but he expects it will be.

"I think the west LRT will prove to be a good decision in the long run," said Hodges, who was first elected to city council in 1983 and has represented Ward 1 ever since.

Historically, Hodges said, the rising costs of gasoline and downtown parking have encouraged more and more Calgarians to look at transit as a viable alternative to driving.

"Most LRT lines over time have been better used than what was anticipated at first," he said.

McKendrick said the opening of the West LRT comes as a "great relief" after all the work that was put into it.

"We imagined, we planned, we studied the need for it, we determined the route, we determined what was required, we went through the whole process of evaluating the public engagement," he said.

"To finally see it operating, it's great."

Open

The LRT opens today.

- **First day.** City officials expect 30,000 people to use the west LRT today, its first day of service.
- **Metro.** One of those people will be Metro Calgary reporter Lisa Wilton, who will be riding the line from about 8 a.m. until 2 p.m.
- **Twitter.** Follow @MetroWilton for live-tweeting from the West LRT and read her stories in Tuesday's print edition of Metro Calgary.

SMEN 1 NEWS

Back from the brink. Good programs saving schools

Christine Ordze is seen with a billboard advertising Mayland Heights School in 2011, weeks after trustees voted to keep the program open. METRO FILE

Schools once facing permanent closure in Calgary are now bustling, thanks in part to new programs and surging student enrolment.

In a rare decision last year, trustees voted in favour of keeping the 55-student-strong Mayland Heights open in the city's northeast.

Now, parent Christine Ordze said board officials have indicated a newly introduced special-needs-student program at the school has given them some stability for at least three years.

She was further encouraged by a Metro story last spring in which a Calgary Board of Education executive said there were no plans to close any schools for a decade, citing rising enrolment and the addition of full-day kindergarten programs.

"It's kind of a sigh of relief for our school, but there's always something," Ordze said, adding that Mayland still needs more students in higher grades

Overall, the CBE projected a 1.4 per cent jump in enrolment system-wide in September, bringing the total number of students attending classes in kindergarten to Grade 12 to roughly 102,000.

At Terrace Road School in Calgary's northwest, parents convinced officials to forgo a closure vote and instead establish an early-intervention program, which parent-council chair Trevor Dreher said now has 30 kids. As well, kindergarten numbers have jumped from five students last year to 17 this year.

"You have to get on it early.... We rallied as a community," he said. JEREMY NOLAIS/METRO

Animal rescue

Pets in danger in winter season

Clay and Cleo are two lucky cats that survived a cold weekend, but not all animals in the province were so fortunate.

The cats were saved by a volunteer from the Alberta Animal Rescue Crew Society (AARCS). The animals were picked up between Red Deer and Edmonton.

"Clay and Cleo were found freezing and scared by an AARCS volunteer. They are now safe and warm in a volunteer foster home," said AARCS volunteer Jessica O'Hare.

Temperatures over the weekend dropped as low as -20 C in Calgary.

"Any animals living outside are going to have a hard time surviving," said AARCS executive director Deanna Thompson. She rescued 24 dogs from rural Alberta this weekend.

AARCS is looking for more foster parents for homeless animals. Financial donations are also welcome. RYAN KESSLER/FOR METRO

Ice from a broken water main covers a section of southbound Crowchild Trail near 33rd Avenue, while northbound vehicles queue up on Sunday morning. ROBSON FLETCHER/METRO

Commuters told to find other routes

Crowchild Trail. One restricted southbound lane will remain open for community residents, transit and emergency vehicles

Reasons for closure

"There were cars going probably close to the speed limit in the northbound lanes that were starting to fishtail and almost losing control, so that's why we started shutting everything down."

Police Insp. Paul Stacey
on why Crowchild was initially closed in both directions

ROBSON FLETCHER
robson.fletcher@metronews.ca

If you commute on Crowchild Trail, consider another route home from work on Monday.

That was the message from city officials on Sunday evening, as they scrambled to address a major water-main break beneath the thoroughfare that sees 100,000 vehicles a day.

"People need to consider other options specifically for (Monday) afternoon's commute, if we're unable to get it sorted out between now and then," city-roads spokesperson Sean Somers said.

Both directions of Crowchild Trail were initially shut down after police first responded to the break at about 10:15 p.m. on Saturday night.

While most of the water affected the southbound lanes, Insp. Paul Stacey said some seeped across to northbound Crowchild and froze, so police decided to close the route in both directions.

By Sunday morning, one northbound lane had opened and all four were flowing by the afternoon.

The city activated its Municipal Emergency Plan at 1:03 p.m., at which point Stacey said the new Emergency Operations Centre began co-ordinating police, firefighters and officials from roads, waterworks and transit.

Officials expected southbound lanes between Bow Trail and 33rd Avenue S.W. to remain closed for at least part of Monday.

Some residents in nearby Marda Loop reported a loss of water service, which city officials said was due to a second, unrelated water-main break that affected about 40 homes.

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Want to give back this Christmas? Someone's got to ring those bells. LISA WILTON/METRO

The gift of volunteering at Christmas in Calgary

Helping hand. In Day 4 of Metro's 12 Days of Christmas, we explore giving the gift of your time over the holidays

LISA WILTON
lisa.wilton@metronews.ca

Volunteering is a great way to get into the Christmas spirit.

But if you're looking to help out at Calgary charities this season, you may be out of luck.

"Most organizations have their volunteer staff already in place," says Karen Franco, communications director of Volunteer Calgary. "They know the Christmas season is busy, so they usually get their volunteers in place long in advance."

However, Franco says there are still plenty of ways to give to the community. VolunteerCalgary.com has posted an Advent calendar that shows what types of volunteering or charity opportunities there are throughout the month.

"We do get a lot of calls this time of year," she says. "It's the time when it comes up. Volunteering is top-of-mind because people are thinking of what they can do to help their community."

Franco says Volunteer Calgary is happy to work with those looking to make a difference at Christmas, and will try to point them in the right direction.

"Parents like to demonstrate the idea of giving back to their children or young people at this time of year," she says. "Sometimes you have to be creative about it."

She says churches and community centres can be good places to find out if there are opportunities to help in your neighbourhood.

To get you started, here are a few ways you can help out this holiday season:

Salvation Army
You've heard the ringing bells of the Sally Ann's annual kettle campaign in malls across the city. Someone needs to ring those bells, so if you're interested, contact the Salvation Army at 1-800-725-2769, or fill out a volunteer form online at salvationarmy.ca.

Neighbourlink
"A number of families are in need this year," Franco says. A great way to help them out is through Neighbourlink, which collects Christmas wish lists from local families living below the poverty line. To learn more, go to neighbourlinkcalgary.com, or call 403-538-7395.

CUPS
The Calgary Urban Project Society also has an Adopt-a-Family program, which will help 164 low-income families this Christmas. To find out more about getting involved with the CUPS program, call 403-221-8780 or go to cupscalgary.com.

Inn from the Cold
Having helped take care of Calgary's homeless families since 1997, Inn from the Cold is always looking for volunteers to help with special events, weekend breakfast service, child care and more. Go to innfromthecold.org or contact 403-263-8384.

Calgary Wildlife Rehabilitation Society
The CWRS has a Wildlife Wish List that includes birdseed, vegetables and lettuce, frozen smelts and trout, dishwashing liquid, Canadian Tire money and more. Go to calgarywildlife.org.

New website. Charity asks Calgarians to 'Givyup' Christmas gifts

Those looking for less "stuff" and more ways to support their community over the holidays need search no further than a new Calgary website.

Givyup is a simple concept, according to co-founder Alex Bruton, which involves asking your friends and family to make a donation on your behalf rather than give you a present.

"There are lots of small- and medium-sized charities in our city and around the world that do lots of really good work, but they struggle to tell their story," he said. "What you're able to do is go in and choose one of our founding charities and donate part of your Christmas to them."

The website launched at the end of last month. Bruton said the holiday season is something of a pilot for the website and he hopes users, in future, will request donations for other holidays such as birthdays.

This season, the site has started with two local charities: Calgary Reads, and the Boys and Girls Club of Cochrane and Area.

Bruton said the website's founders don't profit from the site and the whole concept of the Givyup model is to spread the word and share the message of these charities with others.

KATIE TURNER/METRO

Gallop on over

To learn more about Givyup as well as Calgary Reads and the Boys and Girls Club, go to givyup.org.

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Pipeline. Docs show review was influenced by oil industry: Greenpeace

A review of pipeline safety commissioned by the Alberta government after a series of high-profile accidents was heavily influenced by industry and designed more to quiet public concern than improve the system, say Greenpeace campaigners.

They say documents obtained under Freedom of Information legislation suggest the terms of the review were OK'd in advance by pipeline company officials.

"There's a difference between talking to industry and asking for their approval," said Greenpeace energy spokesman Keith Stewart. "It looks like industry got to write the terms for this review." THE CANADIAN PRESS

Oil spills

The Alberta government asked for the technical safety review last summer following three pipeline-related spills.

- **Red Deer River.** In one of those spills, a Plains Midstream Canada pipeline leaked about 475,000 litres of oil into the Red Deer River, a major drinking water source for central Alberta.

Recurring illness

Chavez in Cuba for cancer treatment

Venezuelan President Hugo Chavez, 58, was heading back to Cuba on Sunday for more cancer surgery after announcing that the illness returned despite two previous operations, chemotherapy and radiation treatment. THE ASSOCIATED PRESS

Hugo Chavez THE ASSOCIATED PRESS

Mandela in hospital as his party faces leadership crisis

Former South African President Nelson Mandela leaves a chapel after attending the funeral of his great-granddaughter Zenani Mandela in Johannesburg. South African President Jacob Zuma says that Mandela has been admitted to hospital in Pretoria to undergo tests. SIPHIWE SIBEKO/THE ASSOCIATED PRESS FILE

Fighting spirit. Former South African president, 94, has battled tuberculosis, prostate cancer

Inside a Catholic church that once served as a major rallying point for anti-apartheid activists, the image of a grey-suited Nelson Mandela appears in a stained-glass window that also features angels and the cross.

Worshippers here prayed Sunday for the hospitalized 94-year-old former president, who remains almost a secular saint and a father figure to many in South Africa, a nation of 50 million people that has Africa's top economy.

Mandela's admission to the hospital this weekend for unspecified medical tests sparked screaming newspaper headlines and ripples of fear in the public that the frail leader is fading further away.

And as his African National Congress political party stands ready to pick its leader, who likely will be the nation's next president, some believe governing party politicians have abandoned Mandela's integrity and magnanimity in a seemingly unending string of corruption scandals. That leaves many wondering who can lead the country the way the ailing Mandela once did.

On Saturday, the office of President Jacob Zuma announced Mandela had been admitted to a Pretoria hospital for medical tests and care that was "consistent for his age." Zuma visited Mandela on Sunday morning at the hospital and found the former leader to be "comfortable and in good care," presidential spokesman Mac Maharaj said in a statement. THE ASSOCIATED PRESS

Leading by example

"When you have someone that's willing to lead by example like he did, it makes things easier for people to follow."

Church-goer Thabile Manana

Clement doesn't want Christmas to be 'grinched'

Treasury Board president Tony Clement says public servants want to be in the Christmas or Hanukkah spirit this time of year and should not feel they're offending anyone by decorating their offices with a little holiday cheer.

But for the 8,000 federal workers left on the chopping block, there might not be a reason to grab the tinsel.

Clement said in an interview with Metro Sunday that 11,000 positions have been cut from the budget as the government approaches its target of 19,000. Most of them were eliminated through attrition, he said.

Following a statement he issued Sunday reminding employees there are no guidelines against decorating their offices for the holidays, Clement told Metro he disagreed with the suggestion that some employees wouldn't be in the festive mood because of the budget cuts.

"The federal government (has) an excellent workplace for our employees and we believe in our employees, but we also are accountable to the taxpayer," said Clement. "I think everybody understands that."

Clement, sticking firmly on message, said people wanting to exercise their faith and political correctness should not trump holiday spirit.

"Our government will not allow the Christmas spirit to be grinched," he said in the statement.

JOE LOFARO/METRO IN OTTAWA

Tony Clement THE CANADIAN PRESS

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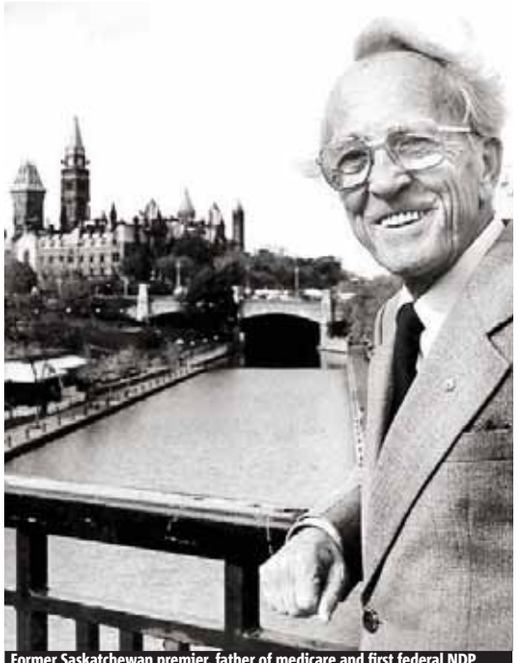
High court asked to decide on future of RCMP's Douglas file



Former Saskatchewan premier, father of medicare and first federal NDP leader Tommy Douglas in Ottawa in 1983. CHRIS SCHWARZ/THE CANADIAN PRESS

Left-wing icon. Should security forever trump our right to see historic documents?

The Supreme Court of Canada is being asked to settle a seven-year battle to lift the shroud of secrecy over a decades-old intelligence dossier on socialist trailblazer Tommy Douglas.

Jim Bronskill, a reporter with The Canadian Press, is seeking leave to appeal the case to the country's highest court. At stake is more than simply gaining access to the intelligence file compiled on Douglas, according to Bronskill's lawyer.

In essence, the top court is being asked to be the final arbiter on whether national security should trump the public's right to see historical documents.

"It is about the balance between history and security and when national security information can and should be withheld," Paul Champ said in an interview. "Our simple position is that information that's gathered for intelligence or national security should not be hidden away from Canadians for all time." So far only about 700 pages of the 1,142-page file have been made public, many heavily censored. The Mounties spied on Douglas from the late 1930s to shortly before his death in 1986. They attended his speeches and protests, analyzed his writings, infiltrated private meetings and eavesdropped on conversations.

THE CANADIAN PRESS

Spied on for five decades

Security services seemed particularly interested in Douglas's links to the peace movement and the Communist party.

- They reported on his comments concerning the U.S. civil rights movement, apartheid, labour issues and more.

Just monkeying around. Stylish primate charms Toronto Ikea shoppers

Twitter pic of the monkey in the North York Ikea's parking garage on Sunday. TWITTER

Even primates can't seem to resist a good bargain.

A North York Ikea store attracted an unusual customer Sunday afternoon, when a tiny monkey dressed in a fitted faux shearling coat and diapers appeared in the store's upper parking garage around 2 p.m.

"It was just running around screaming," said shopper Bronwyn Page. "There was a crowd of us around it and it seemed really scared and agitated."

Security guards at the Ikea near Leslie Street and Highway 401 eventually cornered the animal in the elevator vestibule and called police. Animal Services soon arrived at the store to pick up the stylish bargain-hunter. The diminutive shopper never made it into the store, said manager Alvaro Carmona.

Animal Services identified the monkey as a rhesus macaque, an Asian species that is prohibited in Ontario.

The owner of the primate turned himself in to Animal Services just after 5 p.m. He was charged with owning a prohibited animal, an offence that carries a $200 fine.

The seven-month-old monkey somehow managed to escape his owner's car in the Ikea parking lot, said animal-control officer David Behan.

Behan said the owner was co-operative in signing over the primate to Animal Services. The man's name has not been released.

As for the half-metre-tall simian, he is in good health and will likely be transferred to a sanctuary. "The monkey was in a bit of shock, but it's calmed down now that we've been feeding it some grapes," an Animal Services representative said. TORSTAR NEWS SERVICE

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Typhoon's death toll rises as Filipinos pick up the pieces

Search-and-rescue. Hundreds reported killed, many still missing in wake of devastating storm's destructive force

Quoted

"We have declared them missing. Maybe they are still alive."

Benito Ramos, civil defence chief, on whether missing fishermen are still alive

The number of people missing after a typhoon devastated parts of the southern Philippines jumped to nearly 900 after families and fishing companies reported losing contact with more than 300 fishermen at sea, officials said Sunday.

The fishermen from southern General Santos city and nearby Sarangani province left a few days before Typhoon Bopha hit the main southern island of Mindanao on Tuesday, triggering flash floods that killed more than 600, Civil Defence chief Benito Ramos said.

Ramos said the fishermen were headed to the Spratly Islands in the South China Sea and to the Pacific Ocean. He said there has been no contact from them for a week.

"We have declared them missing," he said. "Maybe they are still alive."

Ramos said they may have sought shelter on the many small islands in the Spratlys and the Celebes Sea, and lost battery power and have not been able to call.

He said the coast guard, navy and fishing vessels have launched a search.

After slamming into the southern Philippines, the typhoon moved out to sea but then veered back toward the country's northwest on Saturday, prompting worries of more devastation.

THE ASSOCIATED PRESS

Residents affected by Typhoon Bopha crowd around as relief goods are distributed at New Bataan township, Compostela Valley, in the southern Philippines Sunday.

BULLIT MARQUEZ/THE ASSOCIATED PRESS

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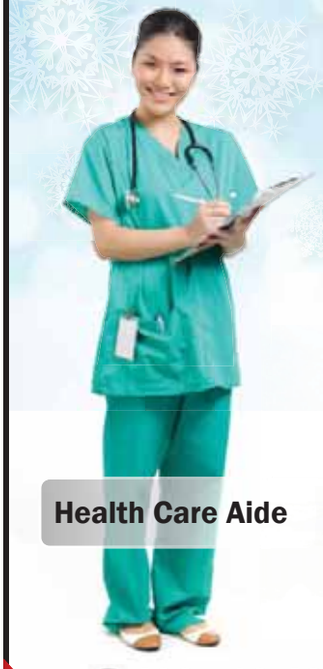

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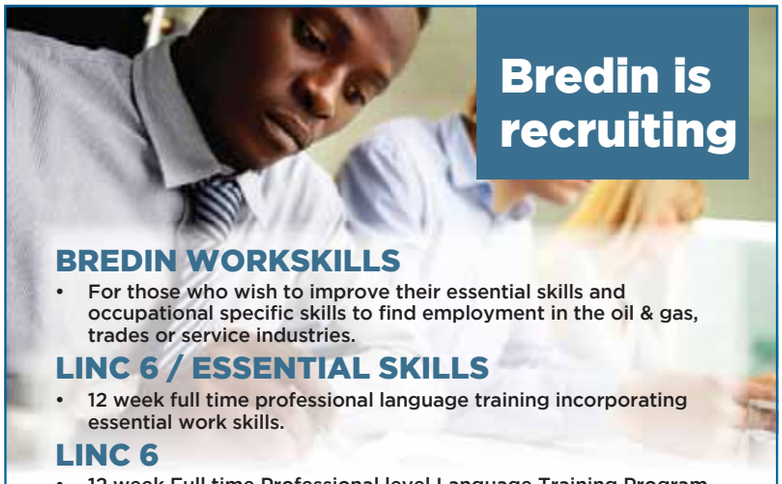

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DJs Mel Grieg and Michael Christian, who apologized for the prank on Tuesday, took down their Twitter accounts after they were bombarded by abusive comments. Rhys Holleran, CEO of Southern Cross Austereo, seen here speaking to media in Melbourne Saturday, said the pair have been offered counselling and are off the air indefinitely. ROBERT CIANFLONE/GETTY IMAGES

London police consider probe of radio station

Royal-hoax fallout. DJs taken off air indefinitely following death of nurse who took their prank call

The reverberations from the death of a nurse who accepted a hoax phone call about the ill Duchess of Cambridge spread through two countries Sunday, as Australian authorities said London police had contacted them about a possible investigation.

The Australian radio station behind the call also announced an immediate review of its broadcast practices after the debacle, which began with a prank call made Tuesday to the hospital where the former Kate Middleton was being treated for acute morning sickness.

The controversial prank took a dark twist three days later with the death of nurse Jacintha Saldanha, a 46-year-old mother of two, who was duped by the DJs despite their Australian accents. The death has sparked an angry backlash against the two DJs.

After an emergency meeting Sunday, Max Moore-Wilton, chairman of Southern Cross Austereo, which owns the 2DayFM radio station, said in a letter to the hospital's chairman that the company will co-operate with any investigation.

THE ASSOCIATED PRESS

Thrives on controversy

2DayFM radio station has a history of controversy.

- It once aired a segment in which a 14-year-old girl revealed that she had been raped.
- It also ran Heartless Hotline shows in which disadvantaged people were offered a prize that could be taken away from them by listeners.

Child pornography

Arrests in Spain linked to Toronto

Spanish police have arrested 28 people and charged 10 others in connection with an international child-pornography network allegedly headquartered in Toronto.

DVDs sold though the network via three websites have been distributed to 94 countries, the Spanish Ministry of the Interior said. It said Interpol passed on information from Toronto police about a network selling child-pornography videos based in Toronto that had been in operation since 2004.

TORSTAR NEWS SERVICE

Balkans. Blizzards leave 6 dead, chaos on roads

Freezing temperatures and heavy snowfall have killed at least six people and caused travel chaos across the Balkans, with rescue teams struggling to reach passengers stranded in buses and cars in Serbia on Sunday. Officials said four people died in Croatia and two in Serbia.

A woman gave birth to a baby in a stranded truck on her way to a hospital, and named her Snezana, or "Snow White" in Serbian.

By late afternoon, 660 people, including 30 children, were evacuated from stranded vehicles, and army tanks were used to remove heavy trucks that skidded and blocked highways.

THE ASSOCIATED PRESS

A woman waits at a bus stop in Belgrade, Serbia, Sunday as freezing temperatures and heavy snowfall caused chaos across the Balkans. DARKO VOJINOVIC/THE ASSOCIATED PRESS

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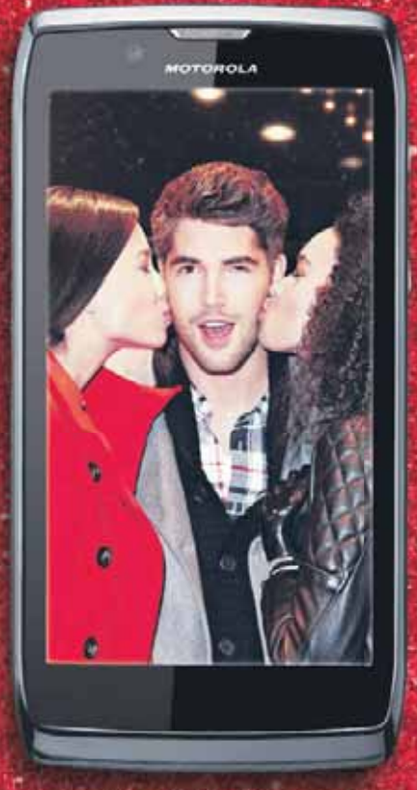

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Contact: Cindy Lipsett; Jackie Ellice; Daniella Eggink
Calgary and Area Child and Family Services Authority
Phone: (403) 297-2978

War tribunal accuses Economist of hacking

Bangladesh. Inquiry asks magazine to explain how it obtained judge's emails and Skype discussions

A Bangladesh war-crimes tribunal has accused the British magazine The Economist of hacking the computer of its presiding judge to record conversations and read emails he exchanged with a lawyer.

The magazine did not directly address the charges, but said it was in possession of conversations and documents that raised serious questions about the workings of the tribunal.

The tribunal is trying 10 opposition politicians on charges of arson, rape and other atrocities committed during the country's 1971 war of independence from Pakistan.

Bangladesh says that during the war, Pakistani troops, aided by their local collaborators, killed three million people and raped about 200,000 women.

In an order passed last week, the tribunal accused The Economist of computer hacking and asked it to explain how it got emails and heard Skype conversations between Presiding Judge Mohammed Nizamul Huq and Ahmed Ziauddin, a lawyer of Bangladeshi origin living in Brussels, Belgium.

In an article published Saturday, The Economist said it has heard 17 hours of recorded telephone conversations and seen over 230 emails between Huq and Ziauddin.

THE ASSOCIATED PRESS

Saturday's issue of The Economist
METRO

Wireless code of conduct

CRTC gets earful about 36-month cell contracts

Three-year contracts from cellphone companies should be banned, Canada's telecom regulator has been told in submissions to an online consultation.

Hundreds of people submitted their opinions to the Canadian Radio-television and Telecommunications Commission about a proposed code of conduct for the country's wireless industry.

The overwhelming majority who wrote to the CRTC over the two-week online consultation period passionately voiced concerns about being "held hostage" by 36-month contracts. THE CANADIAN PRESS

The power of Christmas

People gather to look at Christmas lights that adorn a house in Melksham, England, on Saturday. The lights have returned to the town after a two-year absence and have raised thousands of pounds for charity. The display, which is worth about $50,000, is thought to involve more than 100,000 bulbs. It takes a team of electricians five weeks to complete, and needs an up-rated electricity supply installed to cope with the additional power requirements. MATT CARDY/GETTY IMAGES

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James Callsen
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I'm a self-admitted recovering Grinch.

It's not as bad as it sounds, but for a significant portion of my life I did not enjoy the Christmas season. In fact, not only did I not enjoy it but I probably ruined the Most Wonderful Time Of Year for some of those around me. Chances are you know a Grinch. Someone who for most of the year is a normal, functioning human but who as soon as your start decking the halls starts acting like they're going to just deck someone.

I can tell you that changing someone's point of view on the season is possible, particularly with the right kind of help. All you need to do is remember these five easy tips and you might find your Grinch's heart slowly growing from two sizes two small.

A very frosty snowman

The Grinch in your life will not appreciate Christmas decorations Nov. 12. Don't invite them over for eggnog any time before Dec. 15 at the earliest.

Tip #1: Don't beat them over the head with Christmas.

Surely the way to get everyone in the mood is to set off a Christmas bomb of garland, holly, tinsel and egg nog all over your home or office, right?

If someone's Christmas-cheer level is low, don't try to fight fire with fire. Pouring Christmas all over a Grinch is only going to make your problem worse. Realize that they need space and cherish their Christmas-free zone.

Tip #2: Not everyone loves Christmas as much as you. This might be the most important rule.

While for you it's a time of joy, cheer and celebration, for others it's a time of loneliness and pressure. Pressure not only financially but also to be happy during a stressful time.

Tip #3: There's a direct correlation between the intensity of a Grinch and when you start talking about Christmas.

The Grinch in your life will not appreciate Christmas decorations Nov. 12. Don't invite them over for eggnog any time before Dec. 15 at the earliest.

Tip #4: Telling someone to stop being a Grinch only increases the Grinchiness.

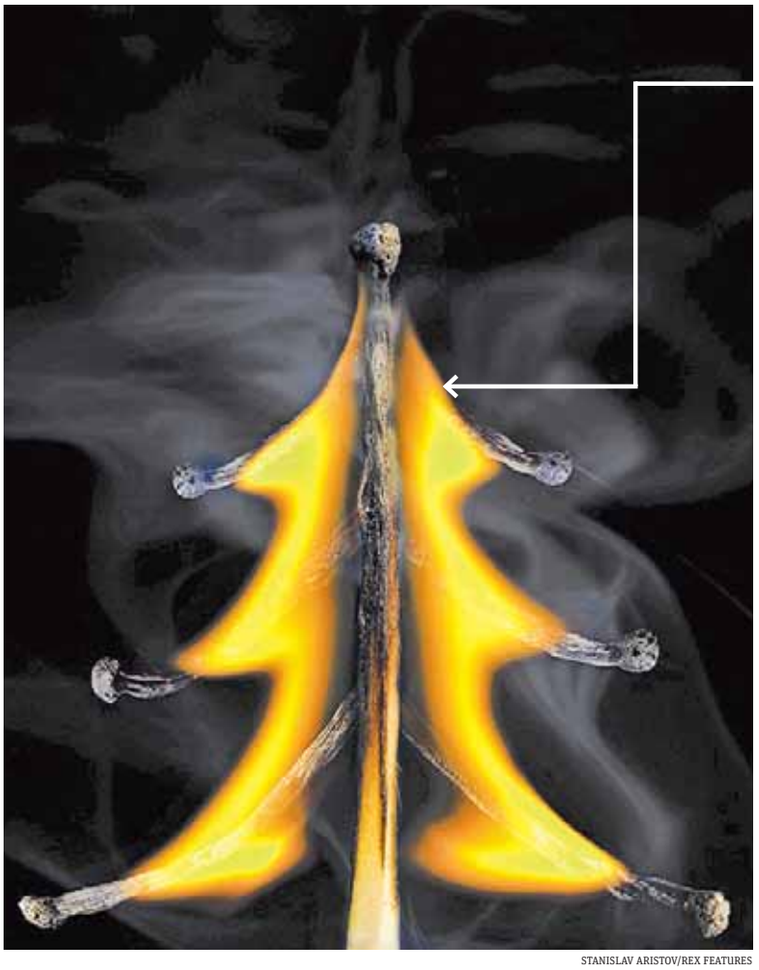
Telling someone to "Cheer up!" rarely works. It's not a switch you can flip. Insinuating that it is can backfire. Forcing someone to be happy isn't going to turn out the way you want it to.

Tip #5: Grinches don't hate Christmas.

They hate the pressure and hoopla surrounding it. Happiness, family and friendship are valued by all humans. Make sure you keep your holiday about the latter.

So take a calm, measured and kind approach to the Grinch in your life. They'll appreciate it and in turn, they'll start to grow their Christmas hearts to normal, if not 10 times the size.

The Christmas tree is on fire!



STANISLAV ARISTOV/REX FEATURES

Match-art photography

This art is literally smoking hot

Some bright spark has set the art world alight and created this festive image using spent matches and fire.

Stanislav Aristov, 30, makes miniature sculptures like this one by bending the matches into the desired shape while they are burning and then, using a macro lens and studio flash, he takes the photograph. **METRO**

Artist's viewpoint

"There is burnt for the past, the smoke of memories left and the untouched part of the match the future. The fire is the life."

Stanislav Aristov, 30, IT specialist and part-time artist from Ekaterinburg, Russia

Accidental beginnings

How he had his eureka moment

Like many ingenious creations, Aristov's art came about by accident. Unable to come up with an idea, Aristov struck a match before noticing the incredible patterns formed in the carbon of the used wood — and so match art was born.

"It was while I was watching the match trying to think of something that I began to think of how it represents life," Aristov said. **METRO**

Characteristics

Art produces 'very freakish forms'

For Aristov, the key characteristic of his match art is its unexpected shapes and composition, despite its use of a rather ordinary object.

"Matches, of course, are quite a usual object, but it turned out (they) can be presented in very unusual ways," the artist said.

"Fire, as well as smoke, sometimes swirls in very freakish forms, which bring very interesting associations." **METRO**

Match art in numbers

200

is the amount of camera shots Aristov sometimes requires in order to capture the perfect match-art composition. Aristov's amazing images include a smoky butterfly, a dangling spider, crawling lizard and a burning heart.

Facing extinction

Partridges in pear trees tough to find in Britain these days

Britain's Royal Society for Protection of Birds says the two icons of the Christmas song — grey partridges and turtle doves — are in alarming decline. It said authorities should act to prevent them from becoming just distant memories within the famed Twelve Days of Christmas song.

The society says the number of partridges have dropped 30 per cent. Turtle doves are even worse off — with a 60 per cent decline in numbers. The society warns, at this rate, the dove will face extinction by the middle of the next decade.

Society spokesman Grahame Madge said that budget cuts by the British government and the European Union threaten farm programs that support wildlife like the birds. **THE ASSOCIATED PRESS**

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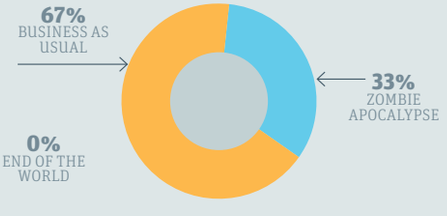

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@jannagummo
Why did I agree to meet a friend in #YYC 's largest mall for coffee??? #TooManyPeople

@gursimsandhu
Wearing gloves while I'm studying because it's so cold in my room #ghetto #yyc

@JenEunson
I can never have a clean car for more then 5 minutes here, and its driving me bonkers! #yyc

@YYCDarren
Some days I think Forrest had the right idea when he dropped everything and just kept running. #yyc

@totalitea
What a different #yyc it will be on Monday with the new LRT open and running from the west

@sclaberge
Looks like the West LRT will open just in time for Crowchild to be closed down. Good timing??? #yyc

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Fewer members presents fewer problems for rising Japandroids

Celebration Rock.
Electronic duo trying to adapt to playing bigger venues after successful new album

LUKE O'NEIL
Metro World News in Boston

Japandroids Dave Prowse and Brian King. HANDOUT

There's no question that electronic dance music has been the primary driving force in music for the past few years.

We would never be so misguided to set up some sort of oppositional binary between DJ culture and traditional rock music (because obviously both can exist peacefully). But if we had to, there's no question which band would go as the first pick in our hypothetical fantasy music draft: Japandroids.

The sound on their acclaimed second record, Celebration Rock, is the Platonic ideal of shouted basement-show punk vehemence, best exemplified by song-of-the-year candidate, The House That Heaven Built.

The Vancouver band's success has found them graduating from the smaller clubs from which their stage-dives and bro-hugs aesthetic was born into much larger rooms, on an exhaustive tour that will bring them for the first time to Australia, Korea and, of course, Japan.

"I feel like we live on the road," drummer and vocalist Dave Prowse says from Tampa, Fla.

"We just tend to tour pretty hard, and not really take a lot of breaks. ... I think because we were kind of a struggling local band for two years, as soon as we got the opportunity to tour and see a lot of places, we had a hard time saying no to anything."

In the early days, working as a duo made that sort of schedule a lot more feasible, he says.

"When we first started, it was us in a Ford explorer. It was a lot easier to make that work with two people. For a variety of reasons, being a two-piece makes logistics easier. Obviously the money, and the fact that there's only one other person you have to come to an agreement with. In a six-piece, it's probably harder to convince six people to go on (the) road for two years."

That doesn't mean that he and guitarist Brian King don't still have their share of disagreements, but having known each other for so long, Prowse says, they're on the same page about most things.

"The thing about being in a two-piece, you can't put anything to a vote, so if you disagree about something, you just have to figure it out. We have pretty similar ideas about lots of kind of trickier situations that bands have to make, with respect to things like licensing music for advertisements or something like that, which is a big thing for a lot of bands. But neither of us are interested in doing that, so it's easy to say no to that. ... Obviously, there are certain moments where we disagree, (but it's) usually about small stuff rather than big stuff, which is probably the reason we're still a band after seven years."

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Titus Andronicus' new album is called Local Business. PHOTO: KYLE DEAN REINFORD

Titus Andronicus back Local Business

Latest record. With a lean, mean new album, Jersey punk band are bringing listeners up to speed while fighting negativity

PAT HEALY
Metro World News in Boston

With the first words that Patrick Stickles sings on Local Business, the recently released third album by Titus Andronicus, it would seem that the album would be over before it's even started.

"OK, I think by now we've established everything is inherently worthless," sings Stickles on opening track, Ecce Homo, before concluding, "there's nothing in the universe with any kind of objective purpose."

But the singer says this opening salvo is not as defeatist as it reads on paper, and that it's more about updating listeners just joining the program.

"I thought it would be a good way to start our discussion, and it was kind of a point that we belabored quite a lot in the first two records," says Stickles, "so you just get everybody up to speed and go on from there."

And where exactly can it go from there?

"Hopefully by the end, the hopeful element of it is a little more explicit," says Stickles, "in that in the void of meaning we are empowered to create meaning."

It seems that Titus have created a lot of meaning with Local Business. The production is leaner and meaner and the lyrical content is more introspective than their last effort. This second feat was almost inevitable though, as Titus' 2010 album, The Monitor, was mostly about the Civil War. Local Business is also the band's first album where the lineup that recorded the songs is the same lineup that has been touring to support it. For the most part, Titus has been made up of Stickles, drummer Eric Harm and a revolving door of other players. Does Stickles feel like this lineup will be the one that's finally in it for the long haul?

"I felt that about all the bands, but it hasn't panned out like that," he says, almost cautiously. "But so far this one is going good."

Hair today, gone tomorrow

• **Beard issue.** When Titus began rising to popularity, one of the visual elements that stood out most was Patrick Stickles' big, bushy beard. He shaved it after the tour for The Monitor, and he says he doesn't miss it. "I just was sick of it. I wanted to move on, live a life without it," he says. "Now I talk about it more, go figure."

Autopsy report error

LAPD apologizes to B.I.G.'s family

Police detectives apologized to the family of Notorious B.I.G. for failing to warn them about the planned release of his autopsy report more than 15 years after he died in a drive-by shooting, the Los Angeles Police Department said Saturday.

The detectives had intended to notify the rapper's family, but the report was released prematurely "due to an administrative error," the department said in a statement.

"Our detectives personally spoke with the Wallace family (Friday) night, and apologized for not notifying them prior to the release," said Capt. Billy Hayes, who heads LAPD's Robbery-Homicide Division, which is investigating the killing. THE ASSOCIATED PRESS

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Taylor Swift

Life in the Swift lane: Songstress opens up about her love life

Taylor Swift's romantic history is well-documented, but the singer admits she's no pro on the subject. Swift's blind spot is "how to make them last," she admits to the British edition of Cosmopolitan magazine. "I've never had a really long relationship, so I have no idea what that's like," she says. "Wish me luck in the future!" Or the present, as Swift appears to be getting serious with One Direction member Harry Styles.

Quoted

"I've never had a really long relationship, so I have no idea what that's like."
Taylor Swift

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Lindsay Lohan in the holiday spirit — and wanted too!

THE WORD
Monica Weymouth
scene@metronews.ca

Lindsay Lohan, bless her crazy little heart, is getting into the holiday spirit and playing Gossip Santa. Let's review her weekend, shall we?

On Friday, Linds was all smiles in the front row at New York City's Jingle Ball concert during The Wanted's performance. She's rumoured to be dating a member of the boy band, Max George, who more or less confirmed some aspect of some relationship: "We can stay out of trouble and keep her out of trouble," he tells PerezHilton.com. "She can party just as hard as us. She's a great girl."

All "great girl" comments aside, we've endorsed fibre breakfast bars more enthusiastically than that. And it seems like Lohan might be less happy than she's letting on for the cameras — from what Metro heard at the Jingle Ball, she was allegedly seen crying in a bathroom backstage. (Then again, who doesn't have a good cry at their boyfriend's holiday party?)

Not to pile it on, but yesterday TMZ reported that Lohan's finances are in such bad shape that she's struggling to pay the rent on her $8,000-per-month Beverly Hills mansion. Ever since the IRS seized her bank accounts, she's reportedly been hitting up friends for money.

Megan Fox and Brian Austin Green ALL PHOTOS GETTY IMAGES

Fox and Austin Green adapt to growing family

Megan Fox and husband Brian Austin Green are thrilled about the arrival of their two-month-old son, Noah, but not everyone in the household is so enthusiastic. "Kash is a little indifferent," Fox tells the Daily Mirror about her 10-year-old stepson, Kassius. "He's not experiencing any sort of jealousy or competitiveness, but he's not excited because he just wants to go play video games."

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Royal baby makes three

Kate and Will. With the Internet buzzing about the Duchess of Cambridge's pregnancy, Metro's family columnist weighs in

IT'S ALL RELATIVE
Kathy Buckworth,
kathybuckworth.com

Let the baby bump watch begin. Kate and Will are expecting their first child. ALASTAIR GRANT/ THE ASSOCIATED PRESS

The announcement that royal couple Catherine and William are expecting their first child has many speculating how this baby and his or her famous parents will cope.

It can be hard for a normal, common family to adjust to family life. There are a few differences that spring immediately to mind when one thinks of a royal.

Like most new moms, much of Kate's hair will likely fall out during her first few postpartum months. However, unlike most new moms, she could potentially finance a small country with the money she would make by selling it on eBay.

Kate will have to decide what name goes best with the surname Wales.

Sadly, the name Hashtag has already been taken. Luckily, AtSign, DoubleBackSlash and Meme are all still available, should Kate and Will decide that Victoria, Elizabeth, George and Edward are too stuffy and old school.

Kate will have additional parenting challenges due to the fact that paradoxically her child, by virtue of being third in line for the throne, will technically be the boss of her.

Potty training days will bring new meaning to the term "sitting on the throne."

And while most babies are congratulated for speaking their first word, the first royal wave will also have to be rejoiced.

Come birthday time, likely Will Jr. asking for a pony will be a little redundant. But planning the party will be easy for Kate's side of the family, and uncle Harry's sure to be entertaining (and hopefully clothed).

For William, "Bring your child to work day," which doesn't typically happen until the child is 14, will need to be pre-planned now due to the security detail involved.

And there's really no point to Baby Wales taking daddy in for Career Day at school, as no other kid in the class will be able to aspire to have the "next in line for the throne" job.

Instead of sitting in line for hours to sign their child up for swimming lessons, Kate and Will will have to spend hours interviewing the royal swim instructor.

Likewise, the royal soccer coach, royal T-ball trainer and royal lice remover will also be interviewed.

Should their child get lice, they can force everyone around them to cut off their hair. This, history tells us, is a vast improvement over ordering a whole head to be cut off.

Good luck to you, Will and Kate. KATHY BUCKWORTH IS AN AWARD WINNING WRITER. VISIT KATHYBUCKWORTH.COM OR FOLLOW KATHY ON TWITTER @KATHYBUCKWORTH

The name game

Think you know what Will and Kate should call the future heir to the throne? Let us know at metronews.ca

Jewel on sparkling moments with son

DOROTHY ROBINSON
Metro World News

On top of her professional obligations — she's a co-host and judge on Platinum Hit and the spokeswoman for Pampers Baby Dry diapers — Jewel is also a mom to her 18-month-old son Kase and a wife to Ty Murray, the professional bull rider.

But as you can tell from the following interview, her life is far from a rodeo.

If you could highlight just one beautiful moment with your son, what would it be?
The morning is my favourite time with my baby. I thought it was just me and Kase.

Special times

"One of my favourite morning moments is getting to read with him."

Jewel on sharing mommy-son moments with her 18-month-old son, Kase.

I just thought, "Wow, Kase is always in a great mood in the morning."

Then I talked to other moms and realized it's everyone's favourite time with their baby.

It's something kind of magical — they are just in a good mood and it's just fun to hang out with them.

One of my favourite morning moments is getting to read with him.

Speaking of books, can you tell us a little bit about yours?
I wrote That's What I'd Do for Kase while I was still pregnant.

I had written a children's record for him, too, called The Merry Goes 'Round, full of little things I wanted to teach him.

I try to use imaginative metaphors to show him all the ways I love him.

Jewel. GETTY IMAGES

Let it snow...

The Weather Network calls for snow, which means Mommy has to wrestle you into multiple layers, including an embarrassing reindeer sweater, or go stir crazy while hibernating inside. Follow along with the comedic (mis)adventures of mommyhood online with Reasons Mommy Drinks at metronews.ca/voices

Spice up Santa's cookies with Cinnamon-Honey Oat Drops

Looking for classic, comforting flavours in a chewy, soft cookie? This is it. The recipe takes a basic oat drop-style cookie and adds the comforting, holiday flavours of cinnamon and honey. These cookies beg to go with tea, hot cocoa or even milk left for Santa on Christmas Eve.

This recipe makes 36 cookies. MATTHEW MEAD/ THE ASSOCIATED PRESS

Ingredients

- 1 cup (2 sticks) unsalted butter, room temperature
- 1 cup packed brown sugar
- 1/2 cup honey
- 1 tsp vanilla extract
- 4 eggs
- 2 1/4 cups all-purpose flour
- 1 tsp baking soda
- 1/2 tsp salt
- 1 1/2 tsp cinnamon, divided
- 2 1/2 cups old fashioned oats
- 1/4 cup granulated sugar

1. Heat oven to 350 F. Line 2 baking sheets with parchment paper.

2. In bowl, use electric mixer to beat butter, brown sugar, honey and vanilla. With mixer running, add eggs, one at a time, scraping the bowl in between additions.

3. Stir in flour, baking soda, salt and 1 teaspoon of the cinnamon. Stir in the oats.

4. Scoop by tablespoonful onto the prepared baking sheets, leaving 2 inches between each cookie. Using slightly moistened hand, flatten cookies until 1/2 inch thick.

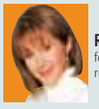
5. In bowl, stir granulated sugar and remaining 1/2 teaspoon of cinnamon. Sprinkle lightly over the top of each cookie.

6. Bake 10 minutes, or until no longer glossy and just starting to turn golden brown at the edges. Let cool on pan 10 minutes, then transfer to a rack to cool. Store in airtight container at room temperature for up to a week.

THE ASSOCIATED PRESS

Healthy eating

Choose it and lose it



ROSE REISMAN
for more, visit rosereisman.com

Longing for summer? Wendy' treats are creamy, delicious and will instantly transport you to warmer times. But be warned, they contain an overload of calories and sugar.

Wendy's Caramel Frosty Shake (Large)

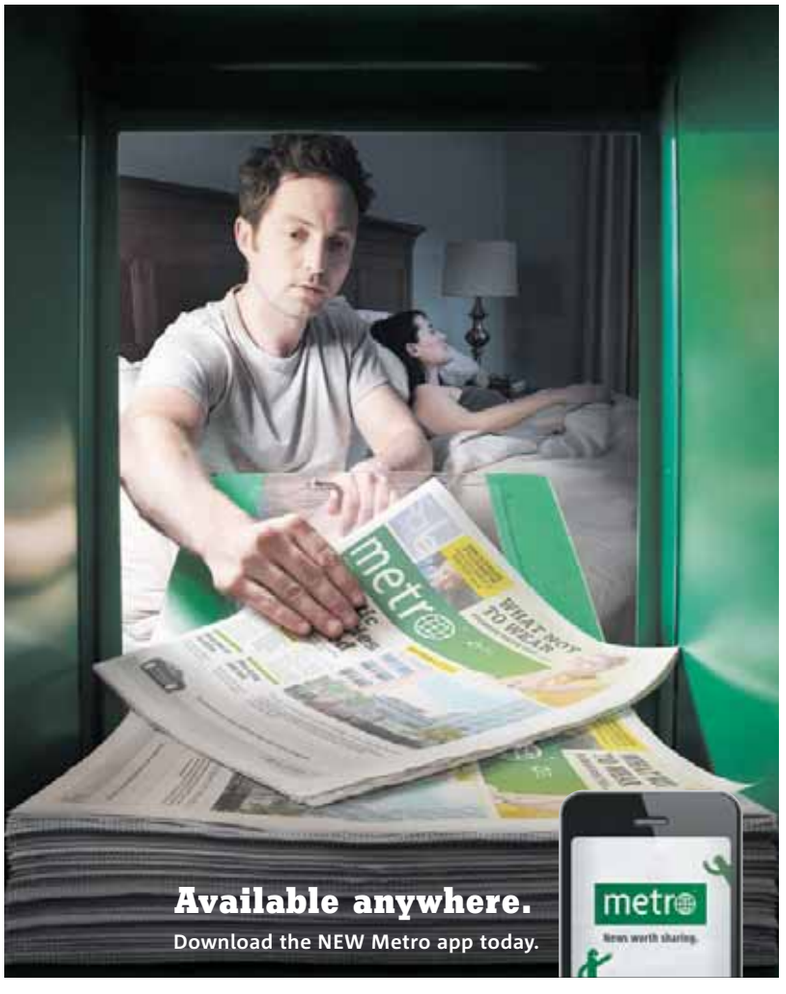
1,000 calories / 154 g sugar
This beverage contains three quarters of a woman's daily calories and four times the daily sugar amount.

Equivalent

One large Wendy's caramel Frosty Shake is equivalent in sugar to 12 Boston cream donuts from Tim Hortons. It's close to consuming 40 teaspoons of sugar. The caramel sauce has the excess calories, fat and sugar — not to mention the whipped cream.

Wendy's Vanilla Frosty (Large)

570 calories/ 81 g sugar
Having half the calories makes a better choice, but only once in a while. This is still too many beverage calories to consume.



Chocolate Pepper Sable gets kick from seasoning

We tend to think of black pepper as a savoury seasoning, but it also has a sweet side. No, pepper itself doesn't taste sweet, but its trademark bite does pair well with sweet ingredients.

So for this cookie, use black pepper in a richly sweet and buttery sable — the French cousin of more traditional shortbread cookies. And while most bemoan the trend in recipe writing that calls only for freshly ground black pepper, this is a case where you'll want to grind it just before using it. It is, after all, the star ingredient.

This recipe makes 36 cookies. MATTHEW MEAD/ THE ASSOCIATED PRESS

Ingredients

- 1 1/4 cups all-purpose flour
- 1/2 cup unsweetened cocoa powder
- 1 tsp freshly ground black pepper
- 1/2 tsp baking soda
- 12 tbsp (1 1/2 sticks) unsalted butter, room temp
- 3/4 cup packed brown sugar
- 1/4 cup granulated sugar
- 1 tsp vanilla extract
- 1/4 tsp fine sea salt
- 1 cup finely chopped chocolate or mini chocolate chips

1. Heat the oven to 350 F. Line 2 baking sheets with parchment paper.

2. In bowl, whisk flour, cocoa powder, pepper, baking soda.

3. In bowl, use an electric mixer to beat butter, brown sugar, granulated sugar, vanilla and salt. Add in the dry mixture to the butter-sugar blend, then mix just until a dough forms. Mix in the chocolate chips.

4. Roll the mixture into 36 small balls and arrange on the prepared baking sheets, leaving about 2 inches between them. Use a flat-bottomed glass to gently press and flatten the cookies on the baking sheet.

5. Bake 15 minutes, or until no longer wet looking. Cool on the pan for 5 minutes, then transfer to a rack to cool completely. Store in an airtight container at room temperature for up to a week.

THE ASSOCIATED PRESS

The In-Credibility Factor

Name: Dr. Jonathan DellaVedova
City: Hamilton, ON
Age: 28
Occupation: Doctor specializing in pediatric medicine

THE IN-CREDIBILITY FACTOR
Teresa Kruze
life@metronews.ca

Dr. DellaVedova (or Dr. DVD as he's referred to by his young patients) always thought he'd be a teacher. On a whim he applied to medical school and has not looked back since. He is currently in his fourth and final year of residency in general pediatrics at McMaster Children's Hospital in Hamilton. In the summer of 2013, he will return to his home town of Sault St. Marie, where he has accepted a job as a community pediatrician.

I knew I was on my way when ... I attended my first delivery of a baby. I was a first year medical student and I was working with an obstetrician that was a total grouch. He let me catch the baby even though I had no clue what I was doing.

Dr. DellaVedova. PROVIDED

When that baby cried, I was so over the moon and I think I was more excited than the actual parents. I was so grateful to the doctor and the parents for letting me be a part of that moment. That's the feeling I try to remember when I get woken up a dozen times a night to attend deliveries and bring a new life into the world.

Do it for yourself, but do it for them, too
There's an enormous amount of commitment and effort that goes into medical training, but you can't get to the first day of medical school or the last day of residency alone. Your family raised you, your teachers taught you, your friends and your partner supported you on the days you were so overwhelmed and sleep deprived that you wanted to quit. The people in your life invest in you because they want to see you succeed, so make it happen.

Pay it forward
The more skills and qualifications you get, the more opportunities will pile up and the more you will find yourself saying, 'No'. But never turn down an audience with aspiring young people or an opportunity to teach. Some day they may be your doctor, nurse, mechanic or food safety inspector.

Get a grip
Working with sick children everyday has an incredible way of putting your problems into perspective and reminding you what is important in life. Yes, you will have to work hard, but enjoy every single moment, take nothing for granted and share the love.

Pour yourself into this backyard biz

Vineyard venture. Do you have what it grapes to uncork a bold new career?

Wines and dimes

"It's less expensive to do grapes than traditional landscaping like shrubs and flowers from an investment viewpoint."

Tom Powers
Winemaker

Growing grapes can be a rewarding pursuit. They're appealing to the eye, pleasing to the palate, a profitable sideline and a reason for parties and neighbourhood togetherness. It's no wonder so many vineyards are cropping up in people's yards.

"The idea of having a landscape that produces something is one of the attractive issues," said Tom Powers, a winemaker who has designed and installed more than 100 small vineyards, mainly around the Alhambra Valley of Contra Costa County, Calif., near where he lives.

"The other thing is the lifestyle of being in wine country is attractive to people and they want to be a part of it."

Property owners often install vineyards when renovating unsightly or underutilized land, said Powers, author of The Organic Backyard Vineyard.

"It's less expensive to do grapes than traditional landscaping like shrubs and flowers from an investment viewpoint," he said. "The trade-out is that you have to put in more maintenance time."

Make no mistake: Vineyards require attention. Rootstocks must be chosen, the soil prepared, trellises and fences built, vines pruned, canopy leaves thinned, nets strung to discourage predators, grape clusters harvested and processed. But the work can be worth it economically. Grape growers from New York to California profit by selling their crops to hobbyists or to wineries that don't have enough tonnage to meet production demands. Other growers, including those who grow table grapes, enjoy exceptional flavours from fruit seldom found in markets.

The small acreage required for a vineyard can generate surprisingly high earnings. "Up to $3,000 to $7,000 per acre in gross returns," according to the Upper Shore Regional Council in Chestertown, Md.

Grapes also are a smart environmental choice given their modest water and fertilizer requirements, plus low soil runoff, the council said. It doesn't take many vines to start a rewarding grape-growing venture. "A 100-foot row of vines can yield up to 175 bottles of wine," Powers said. "With a one-acre vineyard, you could make more than 5,000 bottles."

A mild climate is not required for growing grapes. Many varieties can be grown anywhere there is an ample amount of sun and an abundance of nutrient-rich, well-drained soil.

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Grieving Cowboys gut out close win

NFL. Dallas plays a day after learning one teammate was killed and another arrested following a car crash

Dallas Cowboys quarterback Tony Romo leaves the field after the Cowboys defeated the Cincinnati Bengals 20-19 on Sunday in Cincinnati. MICHAEL KEATING/THE ASSOCIATED PRESS

Numb. Grieving. Distracted. The Cowboys were all those things on Sunday, dealing with the death of one teammate and the tribulations of another.

Winners, too, though they hardly felt like it.

Dan Bailey kicked a 40-yard field goal as time ran out, sending the Cowboys to a 20-19 victory over the Cincinnati Bengals that ended a tough afternoon with a little bit of relief and their playoff chances enhanced.

It didn't last long, though. There will be a lot more emotional days ahead in Dallas.

"It's a hard, hard situation we're in," quarterback Tony Romo said. "There's no playbook for this sort of thing in life."

The Cowboys overcame a nine-point deficit in the closing minutes behind Romo, who held his hand over his heart during a moment of silence to honour teammate Jerry Brown before the kickoff. The linebacker died in a car accident early on Saturday.

Defensive lineman Josh Brent, who was driving, was released from jail in the Dallas suburb of Irving after posting $500,000 US bond on Sunday, a day after police say he was drunk and speeding when the vehicle he was driving clipped a curb and flipped.

The Cowboys (7-6) learned about Brown's death on their flight to Cincinnati on Saturday. Coach Jason Garrett told his team that the best way to honour him was to play well in a game with playoff implications for both teams.

One of the visitors' metal lockers at Paul Brown Stadium had a strip of white athletic tape with "53 JERRY BROWN" attached to the top, a wooden stool inside sitting upside-down. Brown's No. 53 jersey was on the sideline during the game — defensive tackle Jason Hatcher held it up after Bailey's kick decided it. It wasn't much of a celebration by an emotionally spent team.

Players couldn't keep the tragedy out of their thoughts during the game, finding their minds wandering on the bench.

Owner Jerry Jones described his team as grieving when it took the field. It was the second consecutive week that an NFL team was playing a day after losing a teammate. Kansas City beat Carolina 27-21 one day after linebacker Jovan Belcher shot his girlfriend at their home before driving to the Chiefs practice complex and shooting himself.

THE ASSOCIATED PRESS

Quoted

"I don't remember crying this much other than maybe the day I was born."

Dallas Cowboys defensive lineman Marcus Spears on the emotional toll of playing after learning of the death of one teammate and arrest of another following an auto accident.

MLB

Phillies pick up all-star Young

The Philadelphia Phillies have acquired seven-time all-star infielder Michael Young from the Texas Rangers for two relief pitchers.

The deal was announced on Sunday, a day after Young agreed to waive his no-trade clause. The Phillies are sending right-hander Josh Lindblom and minor-league righty Lisalverto Bonilla to the Rangers to get Young, who fills a void at third base.

Michael Young
GETTY IMAGES

THE ASSOCIATED PRESS

Lockout

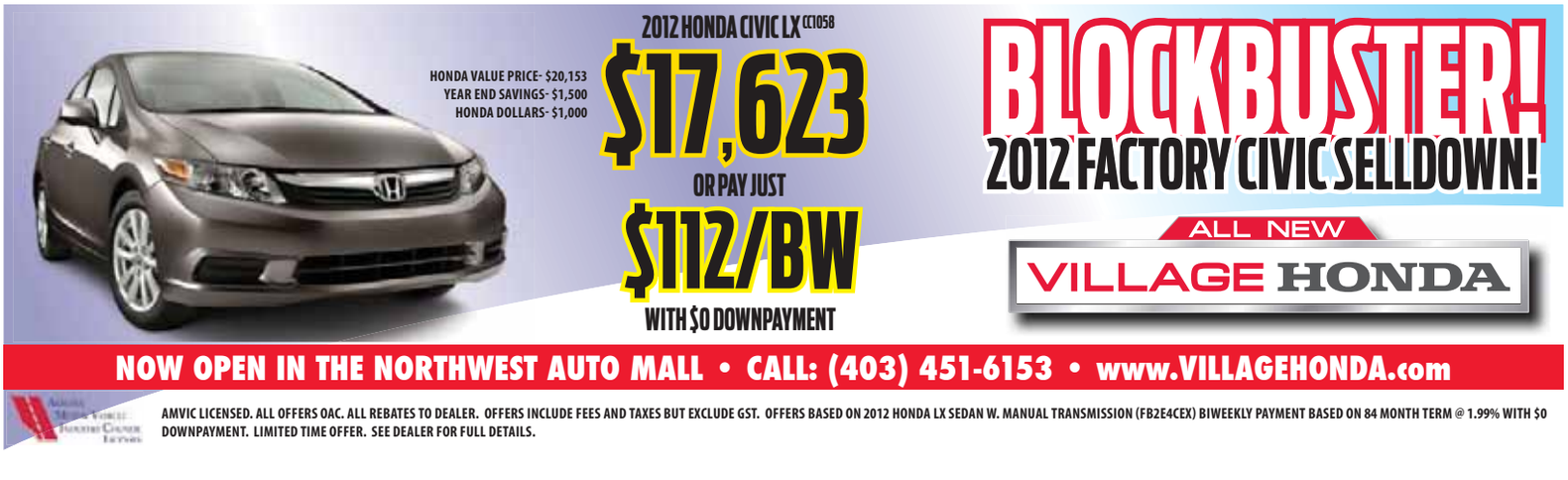
Hockey talks may resume this week

The NHL and the locked-out players' association are talking again, and a return to the bargaining table could happen soon.

After a few days to cool off following an epic collapse in negotiations, the league and the union have been in touch in an attempt to restart conversations that could save the season.

"Trying to set up something for this week, but nothing finalized yet," NHL deputy commissioner Bill Daly wrote Sunday in an email to The Associated Press.

Negotiations broke down Thursday night after three straight days of talks in New York. Moments after players' association executive director Donald Fehr said he believed the sides were closing in on a deal to end the lockout, he was back at the podium to announce the NHL had rejected the union's latest offer. THE ASSOCIATED PRESS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MacDonald continues climb into UFC elite

MMA. Kelowna, B.C., fighter takes another step on UFC mission, leaving a legend in wake

In the second round, Rory MacDonald reared back and buried a punch in B.J. Penn's side — as if looking to embed a treat in a ball of dough.

The 33-year-old Hawaiian grimaced and turned away. For a moment, it seemed like he might call it a night. But Penn kept fighting. And the beating continued.

MacDonald showed his championship credentials in a unanimous (30-26, 30-26, 30-27) decision over Penn, a former lightweight and welterweight title-holder. In so doing, he literally treated the future hall of famer as a punching bag.

Still, the young Canadian rued not stopping Penn earlier.

"It's bittersweet because the job wasn't finished," he said later. "But that's just my outlook to fighting."

MacDonald's approach to mixed martial arts involves hurting people.

"When I look across the Octagon at somebody, it's just another body to me. Legend or not. I'm going in there to hurt him," the 23-year-old said on Saturday night.

Job done, as a battered Penn was sent to hospital afterwards.

THE CANADIAN PRESS

Next up for MacDonald?

Rory MacDonald (14-1) has now won four straight and is 5-1 in the UFC.

- After introducing himself as a title contender on Saturday, he has set his sights next on Carlos Condit, who handed him his only loss in June 2010.

Referee Herb Dean raises Rory MacDonald's arm after MacDonald's win over B.J. Penn in Seattle on Saturday night. JEFF CHIU/THE ASSOCIATED PRESS

Packers pounce on Lions in snowy Green Bay

Packers defensive end Mike Daniels runs a fumble by Detroit Lions quarterback Matthew Stafford for a 43-yard touchdown on Sunday night at Lambeau Field in Green Bay, Wis. The Packers won 27-20 and are now a win away from clinching the NFC North title. JEFFREY PHELPS/THE ASSOCIATED PRESS

NBA

Anthony edges Knicks past Nuggets

Carmelo Anthony returned from a two-game absence with 34 points against his former team, and the New York Knicks beat the Denver Nuggets 112-106 on Sunday night to remain the NBA's lone unbeaten team at home.

Back in the starting lineup after missing two games with a cut on the middle finger of his left hand that required stitches, Anthony twice made baskets in the final 2:08 after Denver had pulled within four points.

THE ASSOCIATED PRESS

Soccer

Mueller's record eighty-sixed by Barca's Messi

Lionel Messi broke German great Gerd Mueller's 40-year-old record for most goals in a year by scoring for the 86th time in 2012 on Sunday.

Lionel Messi GETTY IMAGES

The Argentinian forward scored twice to lead Barcelona to a 2-1 win at Real Betis in the Spanish league match.

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New York	14	5	.737	—
Miami	13	5	.722	1
Atlanta	12	5	.706	1½
Chicago	11	8	.579	3½
Brooklyn	11	8	.579	3½
Philadelphia	11	9	.550	4
Boston	11	9	.550	4
Milwaukee	10	9	.526	4½
Indiana	10	11	.476	5½
Orlando	8	12	.400	7
Charlotte	7	12	.368	7½
Detroit	7	15	.318	9
Cleveland	4	17	.190	11½
Toronto	**4**	**17**	**.190**	**11½**
Washington	2	15	.118	11½

WESTERN CONFERENCE

	W	L	Pct	GB
San Antonio	17	4	.810	—
Oklahoma City	17	4	.810	—
Memphis	14	4	.778	1½
L.A. Clippers	14	6	.700	2½
Golden State	13	7	.650	3½
Utah	12	10	.545	6½
Minnesota	9	9	.500	6½
Dallas	10	10	.500	6½
Denver	10	11	.476	7
Houston	9	10	.474	7
L.A. Lakers	9	12	.429	8
Portland	8	12	.400	8½
Sacramento	7	12	.368	9
Phoenix	7	15	.318	10½
New Orleans	5	14	.263	11

Division leaders ranked in top four positions and best eight teams qualify for playoffs

Sunday's results
L.A. Clippers 102 **Toronto 83**
Milwaukee 97 Brooklyn 88
Oklahoma City 104 Indiana 93
New York 112 Denver 106
Orlando 98 Phoenix 90
Utah 117 L.A. Lakers 110

Saturday's results
L.A. Clippers 117 Phoenix 99
Golden State 101 Washington 97
San Antonio 132 Charlotte 102
Miami 106 New Orleans 90
Boston 92 Philadelphia 79
Detroit 104 Cleveland 97
Atlanta 93 Memphis 83
Chicago 93 New York 85
Dallas 116 Houston 109
Sacramento 99 Portland 80

Monday's games — All Times Eastern
Golden State at Charlotte, 7 p.m.
Detroit at Philadelphia, 7 p.m.
Atlanta at Miami, 7:30 p.m.
San Antonio at Houston, 8 p.m.
Sacramento at Dallas, 8:30 p.m.
Toronto at Portland, 10 p.m.

Tuesday's games
L.A. Lakers at Cleveland, 7 p.m.
New York at Brooklyn, 7 p.m.
Denver at Detroit, 7:30 p.m.
Washington at New Orleans, 8 p.m.
L.A. Clippers at Chicago, 9:30 p.m.

Wednesday, December 12
Brooklyn at **Toronto**, 7 p.m.
Cleveland at Indiana, 7 p.m.
Atlanta at Orlando, 7 p.m.
Golden State at Miami, 7:30 p.m.
L.A. Clippers at Charlotte, 7:30 p.m.
Chicago at Philadelphia, 7:30 p.m.
Dallas at Boston, 8 p.m.
Sacramento at Milwaukee, 8 p.m.
Washington at Houston, 8 p.m.
New Orleans at Oklahoma City, 8 p.m.
Denver at Minnesota, 8 p.m.
Memphis at Phoenix, 9 p.m.
San Antonio at Utah, 10:30 p.m.

CLIPPERS 102, RAPTORS 83

At Los Angeles
TORONTO (83)
DeRozan 10-17 3-4 24, Kleiza 5-11 2-3 17, Bargnani 5-15 0-0 12, Johnson 4-7 3-4 11, Davis 2-6 2-2 6, Calderon 1-5 2-2 5, Lowry 2-6 0-0 4, Ross 1-7 0-0 3, Valanciunas 0-3 1-2 1. Totals 30-77 13-17 83.

L.A. CLIPPERS (102)
Griffin 7-11 5-6 19, Crawford 4-14 6-8 16, Paul 5-10 5-5 16, Bledsoe 6-9 1-2 14, Butler 4-9 0-0 9, Barnes 2-5 2-2 7, Jordan 1-7 5-11 7, Turiaf 3-4 0-0 6, Green 2-4 0-0 4, Odom 2-6 0-0 4. Totals 36-79 24-34 102.

Toronto	21	26	26	10 — 83
L.A. Clippers	25	19	33	25 —102

3-Point Goals—Toronto 10-26 (Kleiza 5-6, Ross 1-6, Bargnani 2-5, Calderon 1-3, Lowry 0-3, DeRozan 1-2, Valanciunas 0-1). L.A. Clippers 6-19 (Crawford 2-5, Odom 0-4, Barnes 1-3, Bledsoe 1-2, Butler 1-2, Paul 1-2, Green 0-1). **Rebounds—**Toronto 39 (Johnson 12, Lowry 6, DeRozan 5, Calderon 3, Kleiza 3, Davis 3, Valanciunas 3, Bargnani 2, Ross 2). L.A. Clippers 45 (Jordan 10, Griffin 9, Odom 5, Turiaf 4, Barnes 4, Bledsoe 4, Green 3, Crawford 2, Butler 2, Paul 2). **Assists—**Toronto 22 (Lowry 9). L.A. Clippers 21 (Bledsoe 6). **Total Fouls—**Toronto 22, L.A. Clippers 17.
Attendance—19,060. T—2:15

SOCCER

ENGLAND

PREMIER LEAGUE
Yesterday's results
Manchester United 3 Manchester City 2
Everton 2 Tottenham 1
Liverpool 3 West Ham 2

FRANCE

LIGUE 1
Yesterday's results
Reims 0 Bordeaux 0
Lorient 3 Marseille 0
Lyon 1 Saint-Etienne 0

GERMANY

BUNDESLIGA
Yesterday's results
Moenchengladbach 2 Mainz 0
Hannover 3 Bayer Leverkusen 2

ITALY

SERIE A
Yesterday's results
Chievo 2 Cagliari 0
Juventus 1 Palermo 0
Pescara 2 Genoa 0
Catania 3 Siena 1
AC Milan 4 Torino 2
Inter Milan 2 Napoli 1

SPAIN

LA LIGA
Yesterday's results
Levante 4 Mallorca 0
Athletic Bilbao 1 Celta Vigo 0
Atletico Madrid 6 Deportivo La Coruna 0
Barcelona 2 Real Betis 1

GOLF

PGA — FRANKLIN TEMPLETON SHOOTOUT

At Naples, Fla.
Par 72
Final (Scramble)

S.O'Hair/K.Perry	64-61-60—185
C.Howell III/R.Sabbatin	66-63-57—186
J.Dufner/V.Singh	66-63-59—188
J.Kelly/S.Stricke	68-63-58—189
S.Cink/C.Pettersson	67-62-60—189
D.Love III/B.Snedeker	62-65-62—189
K.Bradley/B.Steele	67-64-60—191
D.Johnson/I.Poulter	67-65-59—191
B.Cauley/R.Fowler	66-67-63—196
J.Leonard/S.Verplank	70-67-63—200
F.Jacobson/G.Norman	72-68-63—203
M.Calcavecchia/**M.Weir**	70-71-65—206

THAILAND GOLF CHAMPIONSHIP

At Chon Buri, Thailand
Par 72
Final

Charl Schwartzel	65-65-68-65—263
Bubba Watson	68-70-71-65—274
T.Chuayprakong	66-67-71-70—274
Sergio Garcia	69-69-68-70—276
Park Hyun-bin	68-74-67-68—277
Simon Dyson	72-71-67-68—278
Prom Meesawat	69-72-70-67—278
Daniel Chopra	67-67-69-75—278
Ryo Ishikawa	70-66-73-70—279
Lee Westwood	70-69-70-70—279
Jonathan Moore	73-72-67-67—279
Nicholas Colsaerts	72-67-70-71—280
Anirban Lahari	70-69-70-71—280
Thongchai Jaidee	69-71-72-69—281
Darren Beck	69-70-72-70—281

LPGA — DUBAI LADIES MASTERS

At Dubai, United Arab Emirates
Par 72
Final

Shanshan Feng	66-65-67-69—267
D.Claire Schreefel	69-71-63-69—272
Becky Brewerton	70-73-68-65—276
Caroline Masson	68-68-69-71—276
Lorie Kane	**68-70-68-71—277**
Gwladys Nocera	68-68-68-73—277
Cindy Lacrosse	67-69-69-72—277
Line Vedel	69-72-68-69—278
Felicity Johnson	68-67-72-71—278
Veronica Zorzi	71-73-67-68—279
Holly Aitchison	70-72-66-71—279
Carlota Ciganda	70-68-73-68—279
Caroline Hedwall	69-71-67-72—279
Lexi Thompson	69-68-72-70—279
Nontaya Srisawang	68-73-68-70—279

AHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Worcester	23	12	8	1	2	65	70	27
Providence	22	12	8	0	2	53	61	26
Manchester	24	11	10	2	1	68	61	25
Portland	23	11	10	1	1	72	78	24
St. John's	24	11	12	0	1	58	69	23

NORTHEAST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Springfield	22	14	4	1	3	79	47	32
Bridgeport	23	11	11	0	1	72	79	23
Connecticut	23	10	11	2	0	69	82	22
Adirondack	23	10	12	1	0	59	69	21
Albany	20	7	8	0	5	44	53	19

EAST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Syracuse	23	14	6	1	2	84	67	31
Binghamton	20	13	5	1	1	64	48	28
W-B/Scranton	22	13	7	1	1	65	55	28
Hershey	24	11	12	1	0	64	70	23
Norfolk	22	10	12	0	0	63	68	20

WESTERN CONFERENCE

NORTH DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Abbotsford	23	14	4	3	2	61	45	33
Toronto	23	13	9	0	1	76	65	27
Lake Erie	24	12	10	1	1	74	77	26
Rochester	21	10	9	2	0	69	64	22
Hamilton	20	8	10	1	1	42	64	18

MIDWEST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Grand Rapids	22	13	7	1	1	74	62	28
Rockford	25	13	11	0	1	81	76	27
Milwaukee	22	10	9	2	1	63	67	23
Chicago	22	10	9	2	1	58	66	23
Peoria	23	8	11	2	2	53	80	20

SOUTH

	GP	W	L	OTL	SOL	GF	GA	Pt
Charlotte	24	13	9	0	2	79	70	28
Houston	22	12	7	1	2	71	63	27
Texas	23	12	8	2	1	58	62	27
Oklahoma City	22	11	8	1	2	71	66	25
San Antonio	24	10	11	0	3	65	70	23

Note: Two points awarded for a win, one for an overtime or shootout loss.

Sunday's results
Bridgeport 7 Syracuse 2
Worcester 3 Manchester 2
Albany 1 Connecticut 0
Milwaukee 5 Charlotte 2
Abbotsford 3 Toronto 2
Grand Rapids 4 Rockford 2
Providence 3 (OT) Adirondack 2
San Antonio 3 Oklahoma City 2
Peoria 3 Houston 2

Saturday's results
Albany 3 Bridgeport 1
Springfield 4 St. John's 2
Hamilton 3 Hershey 2
Adirondack 4 Syracuse 3 (SO)
Manchester 9 Connecticut 2
Providence 3 Worcester 2 (SO)
Toronto 4 Rochester 3
Portland 4 W-B/Scranton 3 (SO)
Norfolk 3 Binghamton 1
Texas 4 Peoria 1
San Antonio 4 Oklahoma City 3
Chicago 2 Rockford 1

Tuesday's games — All Times Eastern
San Antonio at Houston, 12:05 p.m.
Hershey at St. John's, 6 p.m.
Bridgeport at Portland, 7 p.m.
Milwaukee at Charlotte, 7 p.m.
Abbotsford at Rochester, 7:05 p.m.
Lake Erie at Hamilton, 7:30 p.m.
Peoria at Oklahoma City, 8 p.m.

NFL

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
New England	9	3	0	.750	430	260
N.Y. Jets	6	7	0	.462	245	306
Miami	5	8	0	.385	240	276
Buffalo	5	8	0	.385	289	352

SOUTH

	W	L	T	Pct	PF	PA
Houston	11	1	0	.917	351	221
Indianapolis	9	4	0	.692	292	329
Tennessee	4	9	0	.308	271	386
Jacksonville	2	11	0	.154	216	359

NORTH

	W	L	T	Pct	PF	PA
Baltimore	9	4	0	.692	331	273
Pittsburgh	7	6	0	.538	278	264
Cincinnati	7	6	0	.538	321	280
Cleveland	5	8	0	.385	259	272

WEST

	W	L	T	Pct	PF	PA
Denver	10	3	0	.769	375	257
San Diego	5	8	0	.385	292	281
Oakland	3	10	0	.231	248	402
Kansas City	2	11	0	.154	195	352

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
N.Y. Giants	8	5	0	.615	373	270
Washington	7	6	0	.538	343	329
Dallas	7	6	0	.538	300	314
Philadelphia	4	9	0	.308	240	341

SOUTH

	W	L	T	Pct	PF	PA
Atlanta	11	2	0	.846	337	259
Tampa Bay	6	7	0	.462	354	308
New Orleans	5	8	0	.385	348	379
Carolina	4	9	0	.308	265	312

NORTH

	W	L	T	Pct	PF	PA
Green Bay	9	4	0	.692	323	279
Chicago	8	5	0	.615	308	219
Minnesota	7	6	0	.538	283	286
Detroit	4	9	0	.308	320	342

WEST

	W	L	T	Pct	PF	PA
San Francisco	9	3	1	.731	316	184
Seattle	8	5	0	.615	300	202
St. Louis	6	6	1	.500	236	279
Arizona	4	9	0	.308	186	292

x — clinched playoff berth; **y** — clinched division.

WEEK 14

Sunday's results
St. Louis 15 Buffalo 12
Dallas 20 Cincinnati 19
Washington 31 Baltimore 28
San Diego 34 Pittsburgh 24
Cleveland 30 Kansas City 7
N.Y. Jets 17 Jacksonville 10
Philadelphia 23 Tampa Bay 21
Indianapolis 27 Tennessee 23
Minnesota 21 Chicago 14
Carolina 30 Atlanta 20
San Francisco 27 Miami 13
N.Y. Giants 52 New Orleans 27
Seattle 58 Arizona 0
Green Bay 27 Detroit 20

Monday, December 10 — All Times Eastern
Houston at New England, 8:30 p.m.

WEEK 15

Thursday's game
Cincinnati at Philadelphia, 8:20 p.m.

Sunday's games
Washington at Cleveland, 1 p.m.
Jacksonville at Miami, 1 p.m.
Denver at Baltimore, 1 p.m.
N.Y. Giants at Atlanta, 1 p.m.
Minnesota at St. Louis, 1 p.m.
Indianapolis at Houston, 1 p.m.
Green Bay at Chicago, 1 p.m.
Tampa Bay at New Orleans, 1 p.m.
Seattle at Buffalo, 4:05 p.m.
Carolina at San Diego, 4:05 p.m.
Detroit at Arizona, 4:05 p.m.
Pittsburgh at Dallas, 4:25 p.m.
Kansas City at Oakland, 4:25 p.m.
San Francisco at New England, 8:20 p.m.

TRANSACTIONS

MLB

SEATTLE MARINERS — Designated LHP Mauricio Robles for assignment.

TEXAS RANGERS — Traded INF Michael Young to Philadelphia for RHP Josh Lindblom and RHP Lisalverto Bonilla.

NBA

CHARLOTTE BOBCATS — Waived G Cory Higgins. Called up F Jeff Adrien from Rio Grande Valley (NBADL).

PORTLAND TRAIL BLAZERS — Recalled G Will Barton and F Victor Claver from Idaho (NBADL).

NFL

PHILADELPHIA EAGLES — Placed T Nate Menkin on injured reserve. Signed LB Ryan Rau from the practice squad.

PITTSBURGH STEELERS — Released QB Brian Hoyer. Signed DB Josh Victorian from the practice squad.

TAMPA BAY BUCCANEERS —Released OT Derek Hardman. Signed DE Lazarius Levingston from the practice squad.

SKIING

WOMEN'S WORLD CUP GIANT SLALOM

At St. Moritz, Switzerland
1. Tina Maze, Slovenia, two minutes, 11.07 seconds; 2. Viktoria Rebensburg, Germany, 2:11.15; 3. Tessa Worley, France, 2:11.62; 4. Lara Gut, Switzerland, 2:12.13; 5. Marlies Schild, Austria, 2:13.35; 6. Kathrin Zettel, Austria, 2:13.39; 7 (tie). Michaela Kirchgasser, Austria; Irene Curtoni, Italy, 2:13.57; 9. Maria Hoefl-Riesch, Germany, 2:13.80; 10. Dominique Gisin, Switzerland, 2:13.94. 11. Frida Hansdotter, Sweden, 2:14.13; **12. Marie-Michele Gagnon, Lac-Etchemin, Que., 2:14.24; 13.** Denise Karbon, Italy, 2:14.39; 14. Stefanie Koehle, Austria, 2:14.71; 15. Ana Drev, Slovenia, 2:14.72; 16. Elena Curtoni, Italy, 2:14.84; 17. Lena Duerr, Germany, 2:15.05; 18 (tie). Veronika Staber, Germany; Eva-Maria Brem, Austria, 2:15.06; 20. Manuela Moelgg, Italy, 2:15.24. 21. Lisa Magdalena Agerer, Italy; Julia Mancuso, U.S., 2:15.27; 23. Veronique Hronek, Germany, 2:15.30; 23. Jessica Lindell-Vikarby, Sweden, 2:15.30; 25. Tanja Poutiainen, Finland, 2:15.51; 26. Nadia Fanchini, Italy, 2:15.66; 27. Lindsey Vonn, U.S., 2:16.92.

Horoscopes

♈ Aries
March 21 - April 20
Stay focused on your long-term ambitions this week. Ignore all those interesting but unproductive activities that eat into your time and energy but bring no return. What is your number one goal? Go straight for it.

♉ Taurus
April 21 - May 21
An upheaval or setback that took place last week may have knocked you out of your stride a bit but you will soon recover. Taurus is a wonderfully resilient sign and you will easily outlast those who oppose you.

♊ Gemini
May 22 - June 21
There is a heightened sense of urgency about your activities now and that's good because a lot will happen over the next few days and you will have to move fast to keep up with events. Better still, get ahead of them.

♋ Cancer
June 22 - July 23
The best way to further your aims is to help partners and colleagues further their own. The more you help other people now the more they will help you later in the week. You can't do it all on your own.

♌ Leo
July 24 - Aug. 23
You need to get serious about certain issues over the next few days. You have been a bit too easygoing of late and some people are beginning to think you cannot be trusted. Go out of your way to prove them wrong.

♍ Virgo
Aug. 24 - Sept. 23
Make sure you get plenty of rest today because you are going to be very busy come Wednesday and Thursday. You don't have to start the week at a run: start slowly and build up to a pace you feel comfortable with.

♎ Libra
Sept. 24 - Oct. 23
The planets want you to go out and have fun. The planets want to see you enjoy yourself. At this time of year the Sun in the daring sign of Sagittarius gives you the perfect excuse – not that you really need one.

♏ Scorpio
Oct. 2 04 - Nov. 22
Some kind of breakthrough is on the cards for the next few days, most likely of a financial nature. You may have to give up one thing to gain another but on balance you will come out on top in the deal.

♐ Sagittarius
Nov. 23 - Dec. 21
You will get the chance to do something different today, something out of the ordinary and maybe even a bit outrageous. You enjoy seeing how far you can push your luck, so push away.

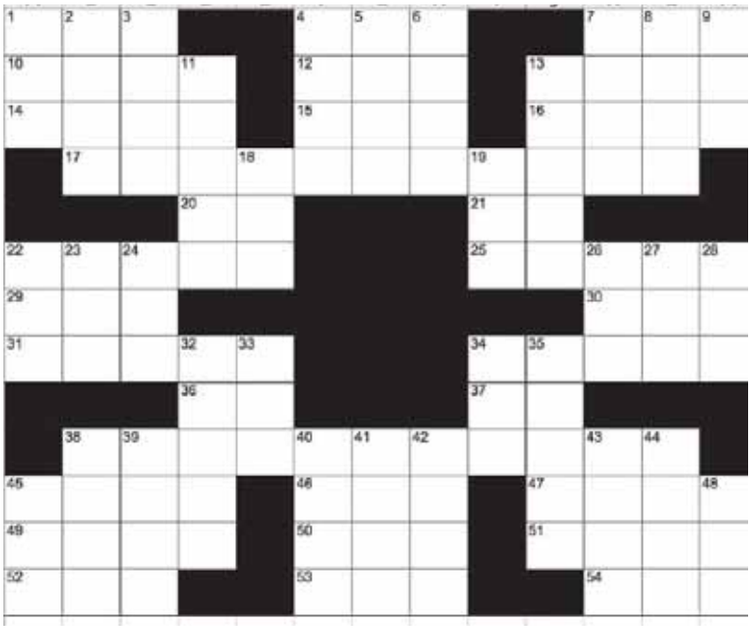
♑ Capricorn
Dec. 22 - Jan. 20
Make a list of all the things you would like to change in your life, because you will soon get the opportunity to make them happen. Even if you like things pretty much as they are some things can still be better.

♒ Aquarius
Jan. 21 - Feb. 19
What you most need to realize today is that if you think lucky you are more likely to be lucky. That's not new age mumbo-jumbo: like attracts like and a positive attitude really does make good things happen.

♓ Pisces
Feb. 20 - March 20
You may not understand why a friend or family member is behaving the way they are but if you are wise you will let them get on with it. The planets suggest it's no big deal – they're just being a bit "anti". Hopefully, those limitations will have taught you the import-ance of timing. **SALLY BROMPTON**

Crossword

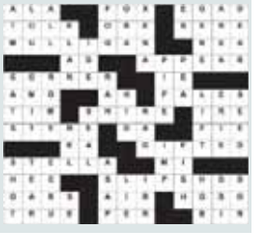
BY BETTY MARTIN



Across
1. Good Morning America's — Champion
4. Comic Margaret —
7. The — Fi Channel
10. Vocal
12. Sleep stage (abbr.)
13. Pinto or lima
14. Actress Bonet of The Cosby Show
15. Boxer called "The Greatest"
16. Hard knocks
17. Pretenses
20. — Elsewhere
21. Former talk show host (init.)
22. South Pacific nation
25. Frasier's dog
29. Three, in Rome
30. Egg cells
31. Path
34. Fictional rabbit
36. Compass pt.
37. Dorothy's aunt
38. Reception, e.g.
45. Great review
46. Soak flax
47. Easy gait
49. Enable, as a felon
50. Family card game
51. Dry
52. Heavy weight
53. Magnum, P.I. actor Selleck
54. Medical suffix

Down
1. Sun God
2. Operatic solo
3. Wad
4. Stuff
5. Second Beatles film
6. Leave off
7. Actor Penn
8. Hats
9. — and outs
11. Noose
13. Group of chicks
18. Actress Hagen
19. Fury
22. Take a rest
23. The Fresh Prince of Bel —
24. Soccer great Hamm
26. Speck
27. — Got a Secret
28. Elephant's floppy feature
32. Small bay
33. Majors of The Six Million Dollar Man
34. Teacher's favourite
35. Spews
38. — San Lucas
39. Tied score
40. Dry
41. House do-over (abbr.)
42. Proton
43. Sandwich cookie
44. Warmed the barstool on Cheers
45. Informer
48. The Naked Truth actress Leoni

Yesterday's Crossword



What's online

See today's answers metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

4		9				5		3
	5	2	3		1	6	8	
3								4
			8		5			
	7			2			5	
			4		9			
1								8
	2	5	1		7	3	4	
6		7				2		5

Yesterday's Sudoku

Weather

TODAY	TUESDAY	WEDNESDAY
MAX: -1° MIN: -2°	MAX: -2° MIN: -6°	MAX: -11° MIN: -12°

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Prices and offers good December 7 through December 13, 2012 at all Best Buy and Best Buy Mobile mall stores. References to savings or sale prices are comparisons to Best Buy Canada regular prices. Gift cards good toward future in-store or online purchases. Carrier selection varies by region.
②New in-store activation required on select 36-month voice and data plans. See in-store for details. Excludes upgrades and renewals. ③In-store activation required on new or renewed 36-month plan with minimum $50/add-on(s)/month. See in-store for more details. TELUS reserves the right to modify prices and eligible rate plans with this offer at any time without advance notice. SIM card not included. ④New in-store activation required on select 24-month voice and data plans. Gift with purchase offers applicable on 24-month plan only. See in-store for details. Excludes upgrades and renewals. ⑤New in-store activation required on $150 Virgin Mobile SuperTab™ with Talk and Text or Smartphone plans. Gift with purchase applies to in-store activations on Virgin Mobile SuperTab™. See in-store for full details.
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